

## **Sport: TRACK & Field**

1. Equipment and Facility Requirements
  - a. Adequate equipment should be available to run all events. Other schools within the district may be requested to bring equipment.
  - b. A discus cage must be available.
2. Entries
  - a. Athletes are allowed to enter a maximum of 4 events plus relays.
  - b. Entries must be entered on hy-teck and emailed in to the commissioner at least 3 days prior to the meet.
  - c. E-5 form should be sent only to the SHSAA office with all participants listed.
  - d. Students may only compete in their age category. Exception is with 4x400 meter relay.
  - e. Grade 8 students are ineligible for competition
  - f. Representation is as follows:

Carlton - 3

Parkland - 3 - W.P. Sandin, Debden, Canwood, Big River, Atahkakoop, Se Se Wa Hum, and Sturgeon Lake.

P.A. Catholic - 3 - St. Mary, Rivier

P.A. Small Schools - 3 - St. Louis, Kinistino, Meath Park, Birch Hills, Little Red, Family Church Academy, Valois, PACI & Wesmor.

Missinippe - 3 - Senator Myles Venne, Father Paorte Memorial, Kimosom Pwatinahk Collegiate, Father Gamache, Churchill Community High School, Sally Ross, Senator Allan Bird Memorial, Wapawikoscikan, Hector Thiboutot, Reindeer Lake, Rhonda Hardlotte Keethanow, and Father Merget.

\* Each conference will also include any Independent & Band schools within their geographic area

3. Rules of Play: The meet will be conducted in accordance with guidelines listed in the SHSAA handbook.
4. Officials
  - a. The commissioner must assign duties to each division.
  - b. There must be 2 officials per field event.
  - c. There must be at least 11 officials for the track.

### 5. Time Guidelines

The meet should be scheduled for the Wednesday/Thursday the week prior to the Provincial meet and moved to the first suitable day in the case of unforeseeable weather.

### 6. Awards

- a. District medals are awarded to the 6 age group winners.
  - b. First, second and third place ribbons are awarded in every event.
7. A jury of appeal for the Track and Field meet shall consist of the meet director and 2 other persons named prior to the meet.