

## CURLING TIME OUTS – HIGH SCHOOL CURLING

Listed below is the procedure to be used at all interschool curling events leading to the provincial championship.

During the regulation 8-end game each team is allowed to call two time outs, of one-minute duration each. ***The requesting team may shorten the one-minute duration of the time-out by putting their next rock into play.*** The request for time out, called by the athletes, may be made at any time that the team is in control of the house or during an interval of play. Timeouts may be carried over to the extra end(s). There will be an automatic two-minute time out prior to the first extra end. This time out is not charged to either team. There will also be an automatic three-minute time out at the conclusion of the fourth end. Following consultation between the coaches and the officials, this TO may be shortened.

The clear objective is to have the time out request must come from the ice (i.e. players). Coaches may no longer stop a game in progress from behind the glass.

However, the Association will allow a coach to communicate a time out gesture or signal to the players on the ice, who may then in turn call the time out. The Association is encouraging, and will reiterate at various coaches meetings, that the team should come up with a communication strategy between themselves to handle this procedure.

A coach may request the head official for a timeout but this must be done prior to their team coming in control of the house. The head official may then position themselves to notify the team of the coach's desire for a timeout without interrupting play on other sheets or while the other team is in control of the house.

The intention of this rule is to alleviate the untimely occurrence of a coach either requesting a time out at an inopportune time. (i.e. in the delivery phase of their team's shot or interrupting or distracting other games in progress.) The Association will not tolerate coaches standing and rapping on the glass or going on to the ice surface prior to the players request for a timeout.

Please forward this information to your various contacts within your district. District curling commissioners are asked to implement this procedure at their respective school division and district championships. The teams moving on to provincial competitions will then be familiar with this procedure and will be reminded at the coaches meetings at each of the three championships.

Thank you for your attention to this memo.